

Meshi Chavez - Teacher, Choreographer, Dancer

Meshi Chavez's career has spanned two decades allowing him to teach, present and perform nationally and internationally. His work is predicated on the concept that creativity is our birthright and through the discipline of training the mind, body, and spirit, we learn to claim this creative force. Meshi is currently Artist in Residence at Middlebury College (2022 & 20223). He has taught at Schumacher College and choreographed for the Dance Company Middlebury 2019-2020. His choreography has been presented at The Joan Mitchell Foundation in New Orleans. Chavez is currently co-founder of Momentum Conscious Movement, where he has been creating ongoing adult movement education programs for more than 20 years. This has included in-person, online, and audio classes, workshops, and events. He works internationally with the author, scholar, and theologian Matthew Fox, teaching Movement as Meditation, with a recent online course through The Shift Network. His mentors include choreographers Denise Fujiwara and Natsu Nakajima and Donna Faye Burchfield. His work is greatly influenced by his knowledge of embodied anatomy and a 20-year career as a Licensed Massage Therapist specializing in Myofascial Therapy. He believes that cultivating creativity, strengthening curiosity, and embracing the unknown, is the secret to making an artful life.

Education

MFA Dance, University of the Arts
Philadelphia, PA -Graduation Fall 2023

Massage Therapy - East West College of the Healing Arts
Portland, Or - 1999

20 years of Butoh and performance Training - See addendum

Grants

Mid.data - Middlebury College, Technology Micro Grant — 2022

Regional Arts & Culture Council, Professional Development Grant — 2015

Oregon Arts Commission Ford Family Foundation, Career Opportunity Grant — 2015

Regional Arts & Culture Council, Project Grant — 2013

Oregon Arts Commission Ford Family Foundation, Career Opportunity Grant — 2012

Regional Arts & Culture Council, Project Grant — 2011

Courses Taught at Middlebury College

Advanced Choreography
Fall 2021

Introduction to Dance
Winter 2022

Introduction to Dance
Spring 2022

Introduction to Dance
Spring 2022

Anatomy & Kinesiology
Spring 2022

Technique Workshop
Spring 2022

Independent Study Thesis Advisor
Spring 2022

Introduction to Dance
Fall 2022

Dance Company Middlebury
Fall & Winter 2022- 2023

Anatomy & Kinesiology
Spring 2023

Advanced Choreography
Spring 2023

Technique Workshop
Spring 2023

Independent Study Thesis Advisor
Spring 2023

Teaching Experience

Cofounder Momentum Conscious Movement
Movement curriculum - dance classes - audio programs - Zoom classes
& workshop intensives
Portland, OR — 1999 - Current

Breitenbush Retreat Center, Detroit OR - 2002 - Current

Workshop Presenter, Salish Sea Butoh Festival, Port Townsend, WA - 2022

Movement as Meditation with Dr. Matthew Fox, The Shift Network online course — 2020

Movement as Meditation with Dr. Matthew Fox
Unity Earth Online event — 2020

Visiting Choreographer, Dance Company Middlebury
Middlebury College, Middlebury, VT — 2019 - 2020

Butoh College, Portland, OR — 2019

Movement as Meditation with Dr. Matthew Fox
Eckart Erfurt Retreat, Erfurt, Germany — 2019

Movement as Meditation & lecture presenter with Dr. Matthew Fox, Dublin, Ireland — 2019

Radical Presence, Butoh San Francisco, San Francisco, CA — 2018

Artist in Residence - Portland Public Schools
Roosevelt High School, Portland, Or — 2016 & 2015

Movement as Meditation with Dr. Matthew Fox
Schumacher College, Devon, United Kingdom — 2015

Movement Transformation, London, United Kingdom — 2015

Movement Transformation, Helsinki, Finland — 2015

Movement Transformation, Osnabrück, Germany — 2015

Choreography

Masked, Faculty Concert & American College Dance Association Faculty Concert
Middlebury College, Middlebury, VT — 2022

On a Limb, Dance Company Middlebury College, Middlebury, VT — 2020

Crossing, Ignite - New Expressive Works, Portland, OR — 2019

Suspended Moment- Open Studios, Joan Mitchell Foundation, New Orleans, La — 2019

Confetto, Bad Unkl Sista, Grass Valley, CA — 2018

Timisla & The Cypress Tree, Headwaters Theater, Portland, Or — 2017

Confetto, Headwaters Theater, Portland, OR — 2017

Suspended Moment, Fuller Lodge, Los Alamos, NM — 2017

All I Know Is Nothing, Headwaters Theater, Portland, OR — 2016

Butoh ad lib, Headwaters Theater, Portland, OR — 2016

Suspended Moment, Reach Museum, Richland, WA — 2016

Suspended Moment, Portland State University Littman + White Gallery, Portland, OR — 2016

Bröllin Voyage, Portland, OR — 2015

Konpaku, Concordia University, Portland, OR — 2015

Kintsugi, Headwaters Theater, Portland, OR — 2015

In The Garden of Artistic Delights, Regional Arts & Culture Council, Portland, OR — 2015

Requiem, Disjecta contemporary Art Center, Portland OR — 2014

Suspended Moment, Milagro Theater, Portland, OR — 2014

La Bruja, Ten Tiny Dances, Beaverton, OR — 2014

Rhinoceros, Headwaters Theater, Portland, OR — 2014

Tears of the night butterfly, Headwaters Theater, Portland, OR — 2014

Rhinoceros work in progress, Portland, OR — 2013

Red Leaf, Headwaters Theater, Portland, OR — 2013

...or be dragged, Peñasco Theater, Peñasco, NM — 2012

We Two Boys, Wild Dancing West Festival, Albuquerque, NM — 2012

We Two Boys, New Expressive Works, Portland, OR — 2012
Une Fleur Pour Mon Amour, 4 men only Festival, Portland, OR — 2012
...or be dragged, Momentum Studio, Portland, OR — 2012
Let go, Dance Truck - PICA TBA Festival, Portland, OR — 2011
Speak The Language, Ten Tiny Dances, Beaverton, OR — 2011
Kiksuya, One Festival, Portland, OR — 2011
We Two Boys, The Mouth, Portland, OR — 2011
Kiksuya, Ten Tiny Dance, Beaverton, OR — 2010
Olowan Oyate Wichapi, Fertile Ground Festival, Portland, OR — 2010
I want to stop wanting, Disjecta Arts Center, Portland, OR — 2009
Between, Performance Works Northwest, Portland, OR — 2009
Between, Judson Church, New York, NY — 2008
Desire, Dance Theater Workshop, New York, NY — 2008
Sending a Voice, Ten Tiny Dance - PICA TBA Festival, Portland, OR — 2008
Cocoon Bird, Momentum Studio, Portland, OR — 2007
Desire, Ten Tiny Dances, Portland, OR — 2006

Commissioned Choreography

Lorro: of Wings and Seas, Kathy Jetñil-Kijiner
The 9th Asia Pacific Triennial of Contemporary Art, Brisbane Australia — 2019
Flying Iron, Lisa Degrace
Performance Works Northwest, Portland, OR — 2008

Noted Performance

Refugees, Ex...it Festival, Choreography - Natsu Nakajima,
Scholoss Bröllin, Germany — 2015
Ghosts of Bröllin, Ex...it Festival, Choreography - Denise Fujiwara
Scholoss Bröllin, Germany — 2011

Residency

Peñasco Theater, Artist in Residence — 2012

Panels & selection committees

Equity And the Arts discussion Panelist, Field Work Conference
New Expressive works, Portland, OR — 2019
Alembic Resident Artist Selection Committee
Performance Works Northwest, Portland, OR — 2018
Caldera Arts Artist in Residence Selection Committee

Portland, OR — 2018

Regional Arts & Culture Council Project Grant Selection Committee
Portland, OR — 2015

Equity and Empowerment Lens Advisory Group
Office of Diversity on Equity, Multnomah County
Portland, OR — 2014

Education & Training Addendum

Denise Fujiwara, Crossing Solo Development, Portland, OR — 2020

Denise Fujiwara, Butoh Performance Intensive, Toronto, Canada — 2017

Yumiko Yoshioka, Butoh Performance Intensive, Portland, OR — 2016

Natsu Nakajima, Butoh Performance Intensive, Portland, OR— 2015

Denise Fujiwara, Butoh Performance Intensive, Portland, OR — 2015

Natsu Nakajima, Butoh Performance Intensive, Toronto, Canada — 2015

Natsu Nakajima, Butoh Performance Intensive, Scholoss Bröllin, Germany — 2015

Yukio Waguri, Butoh Performance Intensive, Scholoss Bröllin, Germany — 2015

Atsushi Takanouchi, Butoh Performance Intensive, Scholoss Bröllin, Germany — 2015

Denise Fujiwara, Butoh Performance Intensive, Portland, OR — 2014

Denise Fujiwara, Butoh Performance Intensive, Portland, OR — 2013

Atsushi Takanouchi, Butoh Performance Intensive, Portland, OR— 2012

Natsu Nakajima, Butoh Performance Intensive, Portland, OR — 2012

Akira Kasai, Butoh Performance Intensive, Brooklyn, NY — 2011

Denise Fujiwara, Butoh Performance Intensive, Scholoss Bröllin, Germany — 2011

Atsushi Takanouchi, Butoh Performance Intensive, Scholoss Bröllin, Germany — 2011

Masaki iwana, Butoh Performance Intensive, Scholoss Bröllin, Germany — 2011

Ken Mai, Butoh Performance Intensive, Scholoss Bröllin, Germany — 2011

Alessandro Pintus, Butoh Performance Intensive, Scholoss Bröllin, Germany — 2011

Sachiko Ishikawa, Butoh Performance Intensive, Scholoss Bröllin, Germany — 2011

Diego Piñon, Butoh Performance Intensive, Portland, OR — 2010

Akira Kasai, Butoh Performance Intensive, Brooklyn, NY — 2009

Akira Kasai, Butoh Performance Intensive, Portland, OR — 2007

Akira Kasai, Butoh Performance Intensive, New York, NY — 2006

Akira Kasai, Butoh Performance Intensive, Portland, OR — 2005

Akira Kasai, Butoh Performance Intensive, Portland, OR — 2004

Vin Marti, soul motion master teacher training level1 & 2, Portland, OR — 2001- 2002